



‘समाजो मन्त्रः समितिः सभाजी’

UNIVERSITY OF NORTH BENGAL

B.A. Honours 4th Semester Examination, 2024

GE2-P2-EDUCATION

NEW AND OLD SYLLABUS

Time Allotted: 2 Hours

Full Marks: 60

The figures in the margin indicate full marks.

The question paper contains GE-2A and GE-2B. The candidates are required to answer any *one* from *two* papers.

Candidates should mention it clearly on the Answer Book.

GE-2A

YOGA EDUCATION

GROUP-A

Answer any *four* questions from the following

3×4 = 12

- | | | |
|----|--|---|
| 1. | What do you mean by the term ‘YOGA’? | 3 |
| 2. | Mention any three characteristics of healthy life style. | 3 |
| 3. | Mention any three means of reducing stress. | 3 |
| 4. | Name any three yogic literature or texts. | 3 |
| 5. | Write the basic principles of Yoga Philosophy. | 3 |
| 6. | What do you mean by ‘Tanmatra’ in Sankhya Philosophy? | 3 |

GROUP-B

Answer any *four* questions from the following

6×4 = 24

- | | | |
|-----|--|---|
| 7. | Discuss the importance of Yoga in the reduction of stress. | 6 |
| 8. | Discuss the general guidelines for performing Yoga Education. | 6 |
| 9. | Explain the objectives of Yoga Education. | 6 |
| 10. | Explain how Yoga Education is reflected in Sankhya Philosophy. | 6 |
| 11. | Explain the nature of Yoga Education. | 6 |
| 12. | Explain how Yoga is reflected in Bhagwat Gita. | 6 |

GROUP-C

Answer any *two* questions from the following

12×2 = 24

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|-----|--|-------|
| 13. | Discuss the role of teachers in implementing Yoga Education. | 12 |
| 14. | Discuss different types of Yoga Education. | 12 |
| 15. | Discuss the historical background of Yoga Education. | 12 |
| 16. | What do you mean by health? Write different types of health related problems and need of yoga for good health. | 2+4+6 |

OR

GE-2B

HUMAN RIGHTS EDUCATION

GROUP-A

Answer any *four* questions from the following

3×4 = 12

- | | | |
|----|--|---|
| 1. | What do you mean by 'justice'? | 3 |
| 2. | Write any three roles of NGOs in the advocacy of Human Rights Education. | 3 |
| 3. | Write any three functions of High Court in the enforcement of Human Rights in India. | 3 |
| 4. | Mention the duties of United Nations in relation to Human Rights. | 3 |
| 5. | Write the concept of Human Rights Education. | 3 |
| 6. | Mention any three objectives of Human Rights Commission. | 3 |

GROUP-B

Answer any *four* questions from the following

6×4 = 24

- | | | |
|-----|--|---|
| 7. | Explain in brief the Universal Declaration of Human Rights. | 6 |
| 8. | Explain the role of Supreme Court in India. | 6 |
| 9. | Explain the role of press and media in Human Rights Education. | 6 |
| 10. | Explain dignity, liberty and equality of Human Rights. | 6 |
| 11. | Explain the concept and nature of Human Rights. | 6 |
| 12. | Explain the role of Human Rights Commission. | 6 |

GROUP-C

Answer any *two* questions from the following

12×2 = 24

- | | | |
|-----|---|-----|
| 13. | Discuss in detail Human Rights Act, 1993. | 12 |
| 14. | Explain the role of educational institutions. | 12 |
| 15. | Discuss the brief history of Human Rights. | 12 |
| 16. | Discuss the meaning and significance of Human Rights Education. | 3+9 |